

MAINTAINING CREATIVE ENERGY

This workshop addresses creative fatigue & combats the isolation that plagues artistic work using drama-based methods. Explore how your personal & professional stories & the places you come from can nurture your imagination & creativity.

This workshop is open to all artists. No theatre or acting experience required.

Facilitator: Kathleen Gould Lundy
Arts Educator

03.13.2018

1PM - 3PM

VENUE HOST: CANADIAN MUSIC CENTRE

20 ST. JOSEPH STREET

COST: PAY WHAT YOU CAN (REGISTRATION REQUIRED)

Register at artistshealth.com/aha or call (416) 351-0239



cmc

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