

ARTISTS' HEALTH ALLIANCE PRESENTS

R4P Research for Practice Talk Series

Sticks and Stones Can Break My Bones and Words Can Really Hurt Me: Abusive Coaching in Sport and Performing Arts

“No pain, no gain” attitudes can cause athletes, performers, parents and coaches to justify abusive coaching. Although many harmful coaching behaviours may have been common practice in the past, they are no longer acceptable in sport and performing arts.

In this presentation, Dr. Ashley Stirling explores the concept of athlete maltreatment as a way to open a conversation about abusive coaching in arts settings.

Delve into current research on abuse within coach-athlete relations in order to understand why it occurs and how it can be prevented. Learn how you might intervene in cases of maltreatment as a coach, parent, performer or bystander, and how to create positive and healthy experiences for performing artists.

Dr. Ashley Stirling PhD., is an Associate Professor, Teaching Stream in the Faculty of Kinesiology & Physical Education at the University of Toronto.

**April 18 2018
5pm-6:30pm**

*Hosted by
Ryerson University
School of Performance*

**Ryerson
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& Design



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