



R4P Research for Practice Talk Series

The Research for Practice (R4P) Talk Series presents research from diverse disciplines which offers artists, as well as those who treat and train them, insight into the forces which shape their health and wellbeing.

2017/2018 Season

10.17.2017

5pm-6:30pm

Artists' Health 101 Revisited: Lessons from Arts and Sports Medicine

Dr. Darrell Ogilvie-Harris, Program Director, University of Toronto Orthopaedic Sports Medicine Program; Company Surgeon, National Ballet of Canada

Hosted by Canada's National Ballet School

11.5.2017

2:30pm-4:30pm

COMPOSED Documentary Screening and Panel Discussion

Panelists: Director John Beder, Dr. Kate Hayes, Cellist Bryan Epperson, Prof. Darryl Edwards, Moderated by Dr. Lee Bartel

Hosted by the University of Toronto Faculty of Music

Co-Presented with Performing Arts Medicine Association

2.8.2018

5pm-6:30pm

The Future of Dystonia Rehabilitation: Neuroplasticity-Based Interventions in the Performing Arts

Dr. Joaquin Farias, Director, Neuroplastic Training Institute Toronto

Hosted by the University of Toronto Rehabilitation Sciences Institute

3.5.2018

5pm-6:30pm

Fear-Free Failure: How to Shape a Resilient Performer

Dr. Beth McCharles, PhD, Performance Coach

Venue: Mattamy Athletics Centre, Ryerson University

4.18.2018

5pm-6:30pm

Sticks and Stones Can Break My Bones and Words Can Really Hurt Me: Abusive Coaching in Sport and Performing Arts

Ashley Stirling, Associate Professor, Teaching Stream, Faculty of Kinesiology & Physical Education, University of Toronto

Hosted by the Ryerson University School of Performance

To register or learn more, visit artistshealth.com/aha or call (416) 351-0239